

Hey Football Players, Parents, Coaches and Administrators

We have bad news and good news about summer 2009 NFL / University of Sports Football Camps.

The bad news is, due to the current financial challenges, the NFL is not offering any Financial, Insurance or equipment support for the programs this summer. FYI this is a nationwide ban...

The good news is that we at University of Sports are not going to drop the ball... Rather we are going to pick up the ball and run with it! The NFL has stated that if things turn around in 2010 we are on the list!

Summer 2009:

What we have done is raised funds to offer the Flag Football Camps & Combines like we did in the past with a twist. The combines will be \$20 less this year!

In addition we will still be able to offer the JPD with a few changes...

1. We will do one week rather than two
2. There will be more emphasis on individual skill training
3. There will be no equipment or contact (except with dummy pads) Due to insurance constraints.

Here is the schedule for Summer 2009:

JUNIOR FLAG FOOTBALL CAMPS

Open to players from 7 - 10 & 11 - 14.

Each week, these camps teach players the fundamentals of football in a fun and positive environment. Each day is filled with skills, challenges and fun competitions. This is a great place for players to learn about football without worrying about the contact.

5 great sessions THIS SUMMER

June 29 - July 3	University of Sports
July 29 - July 3	Mill Valley M.S.
July 7 - 11	Redwood Adventist
July 20 - 24	Redwood Adventist
July 27 - 31	University of Sports

JUNIOR NFL PLAYER COMBINES

Open to players from 8 - 11 & 12 - 14.

These 1-Day Combines are specifically designed to challenge players to do their best. Players receive quality position specific and general conditioning instruction. Next they are put through a series of football and athletic challenges where there times and results are recorded.

4 great sessions THIS SUMMER

May 30	University of Sports
May 31	University of Sports
June 20	University of Sports
June 21	University of Sports

JUNIOR PLAYER DEVELOPMENT FUNDAMENTALS CAMP FREE

Open to players from 8 - 11 & 12 - 14.

This FREE 5-Day camp is designed to offer players a chance to experience what it is like to hit the field & play like a pro. The staff guides the players thru the process of improving their individual skills, they learn how to handle the contact (dummies) & how to face their fears & challenges. Players must attend at least one Combine prior to attending this camp.

July 20 - 24	5pm - 7pm	Mountain Shadows Fields - RP
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Just a little more about why to chose University of Sports for your child's sports education

NEW SUMMER 2009

QB's & RECEIVERS CAMP

Open to players from 9 - 11 & 12 - 14.

QB's and Receiver Camp is a non-contact teaching camp. We provide small group instruction dedicated to training QB's, Wide Receivers, Tight Ends and Running Backs in passing offenses. The focus is on helping players to excel in position specific skill training. Spend two days focusing on the offensive side of football.

All this for only \$59 space is very limited so register early!

July 18 and 19	10am - 1pm	On the turf indoors at University of Sports
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DEFENSE CAMP

Open to players from 9 - 11 & 12 - 14.

The Defense Camp focuses the players on the defensive side of the ball – teaching players position specific skills to excel on defense!. Players learn how to understand their position, reads and how to be in the right spot at the right time to make the “play”.

All this for only \$59 space is very limited so register early!

July 25 and 26

10am – 1pm

On the turf indoors at University of Sports

***WE DO NOT PROMISE YOU THE STARS,
WE TECH YOU THE SKILLS TO SHINE ON YOUR OWN!***

THE PROGRAMS

Over 97,000 campers have attended The University of Sports camps since 1992. This is the first year that they have combined forces with the NFL Youth Football and The NFL Retired Players Association. These programs integrate on-field skills development with life skills and character development.

THE INSTRUCTION

NFL Youth has designed these programs for players of all playing experiences a chance to receive a wide range of training in a number of positions. Each life skill theme is addressed through the context of football with instructors making connections between life skills as they are applied on the field, in school, at home and in the community.

THE STAFF

Participants will have a unique opportunity this year. The camps will be under the direction of the President of the Retired NFL Players Association of Northern California, Honor Jackson. The staff will be hand selected from a variety of ex-players, local high school and youth coaches. These coaches are there for one reason, to help young players succeed both on and off the field.

Of course financial aid is available! Working together to help kids excel both on and off the field!

Aaron

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