

2011 Cheerleading Camp information

Camp will be held at Piner High School 1700 Fulton Road, Santa Rosa, CA 95401

This cheerleading camp teaches young athletes all the essential skills to lead the crowd and support the team while preparing for competition

Fill out the *attached* registration slip ASAP! All campers registering before May 23rd will pay **\$60**; registration after May 23rd is **\$70**!

Camp Schedule:

July 23rd and 24th 2011

Registration /Check in 8:45 (1st day only) Teams must check in before they enter!

• Saturday and Sunday: 9:00am-4:00pm and a 1 hour lunch break

Contact, payment information and mandatory participant forms and signup sheets are attached

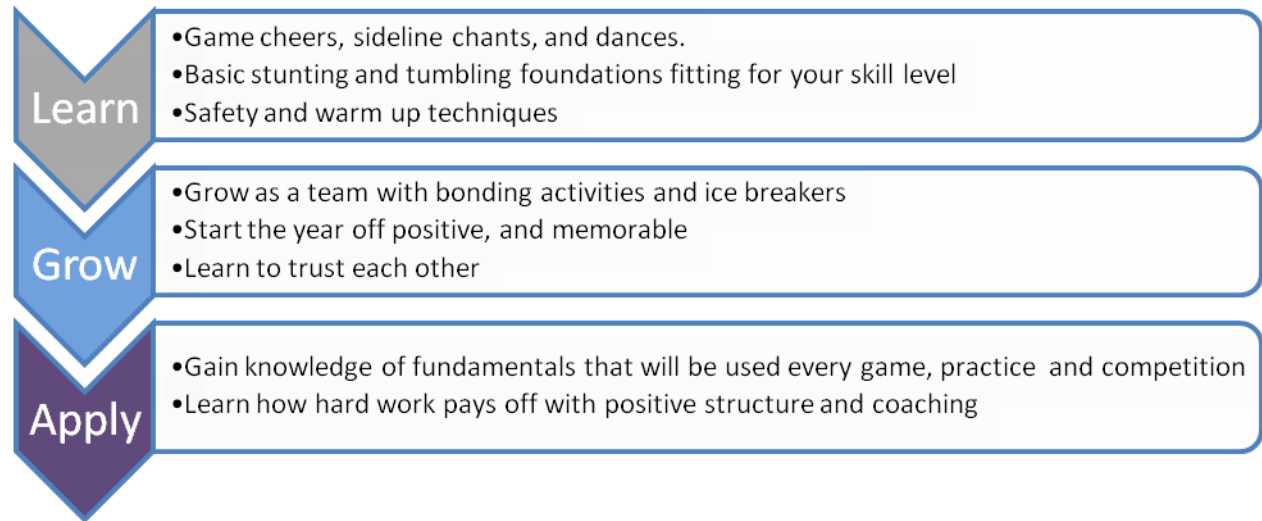
Please Bring!!!

*Appropriate clothing/shorts/t-shirt/tennis shoes (*no converse/flat soled sneakers*)

*Lunch and a water-bottle (small snacks and some water will also be provided)

*All jewelry must be taken out and hair **MUST** be pulled back in a secure pony tail, or tightly braided, without bangs obstructing view. *Sunscreen is also highly suggested!*

You will have tumbling clinics during both days of camp. We will concentrate on your individual needs. Each coach will have the opportunity to learn progressions and spotting techniques with demonstrations.



We focus on giving the cheerleaders the skills they need to succeed and have fun in both game oriented and competition environments. We know the importance of setting the pace and starting the year off right so your team can reach its highest potential. We also value teaching skills right the first time so no one gets injured or cheated out of having good technique and moving ahead. We offer all the amenities of a cheer organization's home camp. We have a well trained and highly experienced energetic staff. We have a trained medical assistant to ensure that any injuries will be attended to. Coaches may stay with their teams, however it is not required. Groups will be divided by team/skill level so they can get the most out of camp!